

2016 FALL CONFERENCE

**CALTCM**  
California Association of Long Term Care Medicine

*The Best of*

*Quality Through  
Best Practices*

**OCTOBER 29, 2016**

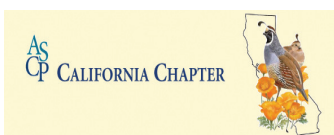


**UC DAVIS, EDUCATION BUILDING**  
4610 X Street, Room 1222, Sacramento, CA 95817

This program is co-sponsored by:



Special thanks to the 2016 CALTCM Partners:



## Quality Through Best Practices

### PROGRAM INTRODUCTION

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The 2016 CALTCM Fall Conference, The Best of Quality Through Best Practices, continues our traditional focus on person-centered care in the long-term care setting. This event will challenge attendees to find ways to integrate the latest knowledge into their post-acute and long-term care (PA/LTC) practices. This meeting is designed for practical training of all members of the interdisciplinary team, focusing on areas where PA/LTC is presently aimed to improve quality.

The 2016 Fall Conference highlights the top scoring topics from the 42nd Annual Meeting followed by a question and answer session after each presentation. Featured topics: Reducing Antipsychotic Use, Diagnosing Infections, "De-Prescribing", POLST, Aid in Dying, GeriatricPain.org, Sex in the Nursing Home, and Bundled Payments.

### TARGET AUDIENCE

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Physicians, advanced practice nurses, geriatric psychiatrists, pharmacists, nurses (DON/RN/LVN/DSD), administrators, physician assistants, rehabilitation specialists, social services designees, and other members of the interdisciplinary team who care for patients/residents in the PA/LTC setting.

### LEARNING OBJECTIVES

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By participation in the 2016 Fall Conference, participants will have the ability to:

1. Demonstrate Antibiotic Stewardship for UTI's –cite practical steps facilities can take to comply with new CMS expectations;
2. Identify best practices for achieving safe medication care plans;
3. Describe accommodating residents sexual desires in ways that protect vulnerable patients yet honors patients autonomy;
4. Summarize updates on changes from volume based to value based payments for facilities and providers;
5. Describe the care of persistent non-cancer pain in view of new CDC pain recommendations;
6. Prepare facilities for requests from residents for "Aid in Dying".

PROGRAM SCHEDULE: QUALITY THROUGH BEST PRACTICES  
SATURDAY, OCTOBER 29, 2016

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- 7:30 A.M.      Registration/Exhibits Open
- 8:00 A.M.      Welcome & Opening Comments
- 8:10 A.M.      It's Not Always a UTI: Diagnosing Infections in the  
Nursing Home  
Michael R. Wasserman, MD, CMD
- 8:35 A.M.      De-Prescribing and Polypharmacy: A Patient's Perspective  
Timothy Gieseke, MD, CMD
- 9:00 A.M.      Pharmacists on the Front Line  
Flora Bessey, PharmD, CGP
- 9:25 A.M.      A Geriatrician's View  
Elizabeth Landsverk, MD
- 9:50 A.M.      Break/Exhibits
- 10:20 A.M.      Intimacy, Sexuality and Patient Autonomy  
Patricia Bach, PsyD, RN
- 10:45 A.M.      A Clinician's Decisions about Sex  
Denise Rettenmaier, DO
- 11:20 A.M.      Bundled Payment Models  
Kerry Weiner, MD
- 11:45 A.M.      GeriatricPain.org  
Debra Bakerjian, PhD, APRN, FAAN, FAANP
- 12:10 P.M.      POLST, Advance Care Planning and the End of Life Option Act  
Karl Steinberg, MD, CMD, HMDC
- 12:40 P.M.      Closing Comments and Evaluations
- 12:45 P.M.      Adjourn

## PROGRAM FACULTY

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Our faculty is composed of a distinguished group of physicians, nurses, nurse practitioners, pharmacists, academicians, and other experts who will present topics highlighting new evidence-based care as well as care processes and procedures aimed at enhancing safe patient care practices in the long term care setting.

### Patricia Bach, PsyD, RN

Clinical Gero/Neuropsychologist  
President, Psychologists in Long Term Care

### Debra Bakerjian, Ph.D., APRN, FAAN, FAANP

Associate Adjunct Professor, Betty Irene Moore School of Nursing, University of California, Davis; CALTCM President

### Flora Bessey, Pharm. D., CGP

Owner, Metro Rx Consulting and Hospital & Health Care Consultant

### Timothy Gieseke, MD, CMD

Multi-Facility Medical Director, Santa Rosa, CA; Associate Clinical Professor, University of California, San Francisco

### Elizabeth Landsverk, MD

Adjunct Professor of Medicine, Stanford University

### Denise Rettenmaier, DO

Medical Director at Veterans' Home, State of California, Yountville

### Karl E. Steinberg, MD, CMD, HMDC

Medical Director, Village Square Healthcare Center, San Marcos, CA; Medical Director, Life Care Center of Vista, Vista, CA; Editor-in-Chief, Caring for the Ages; Vice Chair, AMDA Public Policy Committee; Chair, Coalition for Compassionate Care of California; President, Stone Mountain Medical Associates, Inc.

### Michael R. Wasserman, MD, CMD

Director, Nursing Home, Health Services Advisory Group; CALTCM Education Committee Chair

### Kerry Weiner, MD

Chief Medical Officer, IPC Healthcare, Inc.

## CALTCM FALL CONFERENCE ACCREDITATION STATEMENT

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### Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

California Association of Long Term Care Medicine designates this Live activity for a maximum of 4 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

This course complies with Assembly Bill 1195 Continuing Education: Cultural and Linguistic Competency.

### American Board of Post-Acute and Long-Term Care Medicine (ABPLM)

Determination of credit is pending.

### Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 4 contact hours.

### Nursing Home Administrators Program (NHAP)

Determination of credit is pending.

*This course meets multiple requirements of the California Business and professions Codes 2190–2196.5 for physician CME, including cultural competency and geriatric credits.*



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## SPECIAL ACKNOWLEDGEMENTS

This program is supported in part by:

### CALTCM Quality Through Best Practices Co-Sponsor:

- Health Services Advisory Group

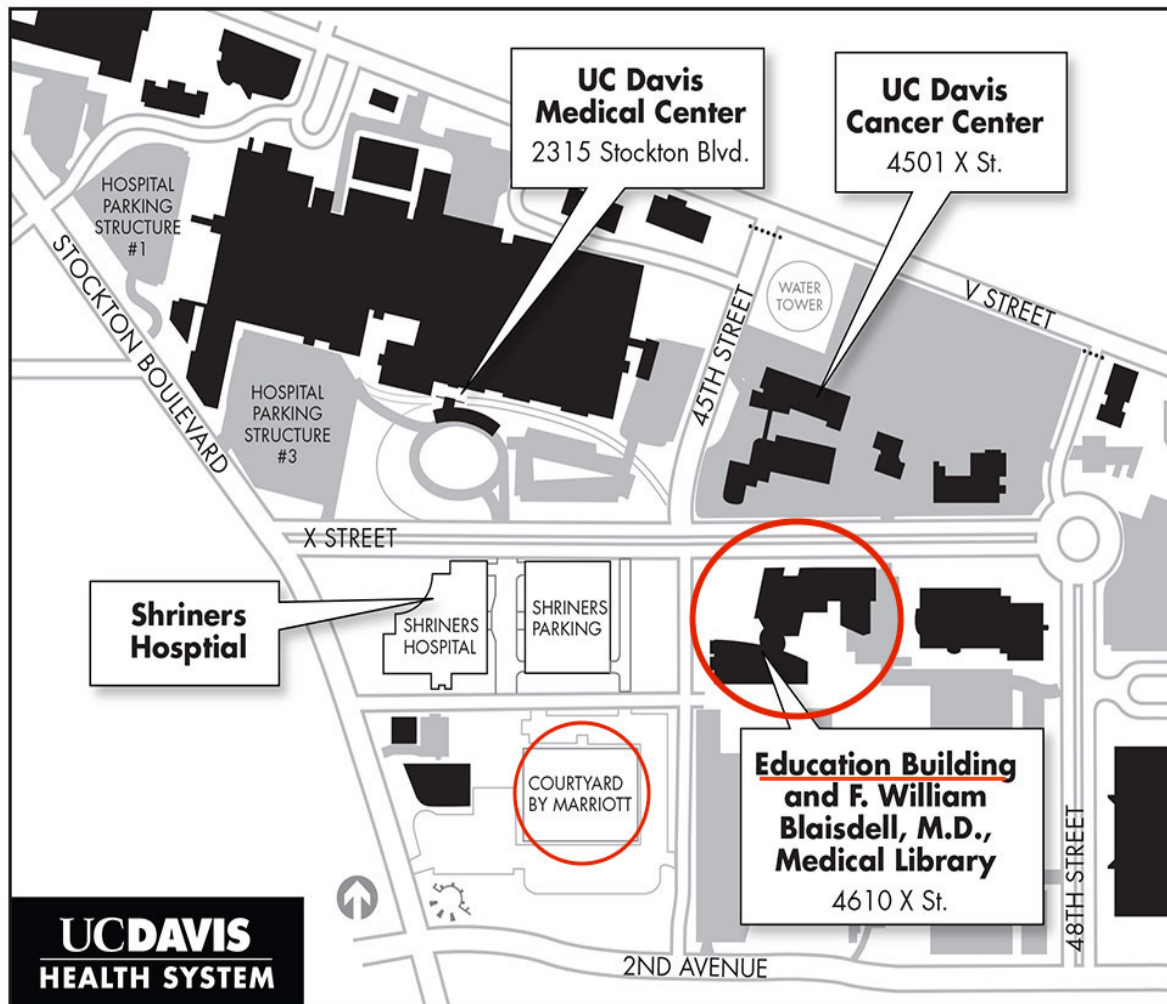
### CALTCM Partners:

- American Society of Consultant Pharmacists - CA Chapter
- California Association of Health Facilities
- California Geriatrics Society
- Coalition for Compassionate Care of California

A complete list of sponsors and exhibitors will be provided in the program syllabus. For more information on how you can support CALTCM and its bold mission, please contact Barbara Hultz at 888-332-3299, extension 1, or via e-mail to [bhultz@caltcm.org](mailto:bhultz@caltcm.org).



## MEETING LOCATION



## HOTEL ACCOMMODATIONS

### Courtyard by Marriott Sacramento Midtown

4422 Y Street, Sacramento, CA 95817

A special conference rate of \$129 per night for single or double occupancy plus applicable taxes is available to program participants. To make your reservation, please call [Marriott Hotel Reservations](tel:888-236-2427) at 888-236-2427.

Identify yourself as a participant of the California Association of Long Term Care (CALTCM) Meeting to receive this special conference rate. The reservation deadline is [October 7, 2016](#). Reservations made after this date are subject to rate and space availability.

Please review the hotel cancellation policy prior to making your reservation. It is your responsibility to understand the policy and be accountable for any fees that may be incurred.

Please contact the Courtyard by Marriott for parking details.

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## REGISTRATION

### OPTION 1 (RECOMMENDED):

For expedited processing and immediate confirmation, visit our convenient and secure website at [www.caltcm.org](http://www.caltcm.org) to register for the 2016 Fall Conference today! You can also renew your membership or become a new member online and instantly get all the benefits of membership.

### OPTION 2:

Mail completed registration form to the CALTCM Executive Office, P.O. Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

### OPTION 3:

Fax completed form to (855) 793-2226 or call (888) 332-3299 to register by phone.

#### 2016 FALL CONFERENCE: OCTOBER 29, 2016

##### EXCLUSIVE CALTCM MEMBER REGISTRATION FEE

☐ Fall Conference ..... \$30.00

##### NON-MEMBER REGISTRATION FEE

☐ Fall Conference ..... \$50.00

Sign Me Up: I want to become a CALTCM Member today!

☐ YES

☐ NO

#### CALTCM ANNUAL MEMBERSHIP RATES

- ☐ Physician ..... \$150  
☐ Clinical Affiliate ..... \$125  
☐ Retired Physician or Student ..... \$100  
☐ Facility Rate\*\* ..... \$300

Subtotal

Membership Fee

\$ \_\_\_\_\_

Annual Meeting Fee

\$ \_\_\_\_\_

TOTAL AMOUNT DUE:

\$ \_\_\_\_\_

\*\* Facility rate includes three (3) individuals: one (1) Medical Director and two (2) facility personnel. Additional members may be added at \$75 each. Each individual must complete a separate membership form.

Name (First, Middle Initial, Last)

Degree(s)

Organization/Affiliation

Address

City

State

ZIP Code

Daytime Phone Number

FAX Number

E-Mail Address (Required)

VISA/Mastercard/Discover/American Express

Expiration Date (MM/YY)

Name as it appears on card (Print clearly)

Authorization Signature